



**NewYork-Presbyterian Regional Hospital Network  
NewYork-Presbyterian/Queens  
Rogosin Institute  
Symposium**

**“Integrative Kidney Care: Is It Achievable?”**

**Wednesday, October 19, 2016**  
8:30 a.m. - 12:30 p.m.

The Rockefeller University  
1230 York Avenue  
New York, NY 10065

**Accreditation**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Society of the State of New York (MSSNY) through the joint providership of NewYork-Presbyterian/Queens and the Rogosin Institute. NewYork-Presbyterian/Queens is accredited by The Medical Society of the State of New York (MSSNY) to provide continuing medical education for physicians.

NewYork-Presbyterian/Queens designates this Live Activity for a maximum of **3.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosure**

The Medical Society of The State of New York relies upon planners and faculty participants in its CME activities to provide educational information that is objective and free of bias. In this spirit and in accordance with the guidelines of MSSNY and the ACCME, all speakers and planners for CME activities must disclose any relevant financial relationships with commercial interests whose products, devices or services may be discussed in the content of a CME activity, that might be perceived as a real or apparent conflict of interest. Any discussion of investigational or unlabeled uses of a product will be identified.

**CNE Accreditation**

This activity has been submitted to American Nephrology Nurses' Association for approval to award contact hours. American Nephrology Nurses' Association - Approver is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

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<b>8:00 – 8:45 a.m. REGISTRATION &amp; CONTINENTAL BREAKFAST</b>		
<b>8:45 – 8:50 a.m.</b>	<b>Welcome &amp; Introduction</b>	<b>Michael Nochomovitz, M.D.</b> Chief Clinical Integration Network Development Officer, NewYork-Presbyterian
<b>8:50-9:20a.m.</b>	<b>Overview/Goals of the Symposium What does the Future hold for Integrative Kidney Care?</b>	<b>Barry H. Smith, M.D., PhD</b> President & CEO The Rogosin Institute
<b>9:20 – 9:40 a.m.</b>	<b>A Physician’s Perspective on Integrative Kidney Care: Who is in Charge of the Team? Nephrologists, adding value in the Accountable Care World</b>	<b>Amy W. Williams, MD</b> Medical Director of Hospital Operations Mayo Clinic
<b>9:40 – 10:00 a.m.</b>	<b>Connecting the Research to Patient Care and Moving Upstream: How do we provide an Integrative Approach?</b>	<b>Donald E. Wesson, MD</b> President, Diabetes Health and Wellness Institute Baylor Scott & White Health
<b>10:00 – 10:20 a.m.</b>	<b>The Nurse is Key to the Integrative Kidney Care Team: What is our Role?</b>	<b>Alice Hellebrand, MSN, RN, CNN</b> President-Elect, American Nephrology Nurses Association
<b>10:20 – 10:45 a.m. BREAK</b>		
<b>10:45 – 11:05 a.m.</b>	<b>An Apple a Day: How Nutrition and Fitness relate to Integrative Kidney Care?</b>	<b>Katy Wilkens, MS, RD</b> Manager, Nutrition and Fitness Services Northwest Kidney Centers
<b>11:05 – 11:25 a.m.</b>	<b>What is needed to achieve Integrated Kidney Care? A Patient and Policy Perspective</b>	<b>Paul T. Conway</b> President, American Association of Kidney Patients
<b>11:25 – 11:45 a.m.</b>	<b>Public Policy and Integrated Care: Opportunities and Challenges</b>	<b>Rachel N. Meyer</b> Director of Policy and Government Affairs American Society of Nephrology
<b>11:45 – 12:20 p.m.</b>	<b>Panel: Speakers and Audience Q&amp;A</b>	<b>MODERATOR:</b> <b>Barry H. Smith, M.D., PhD</b> President & CEO, The Rogosin Institute
<b>12:20 – 12:30 p.m. CONCLUDING STATEMENT AND EVALUATIONS</b>		

## SPEAKERS

### **Amy W. Williams, MD**

**Dr. Amy Williams** is an Associate Professor of Medicine in the Mayo Clinic School of Medicine and consultant in the Division of Hypertension and Nephrology. Dr. Williams is the Medical Director of Hospital Operations, chair of the Hospital Practice Committee, and a member of the Rochester Executive Operations Team, responsible for oversight of Mayo Clinic Rochester and accountable to the Mayo Clinic President/CEO and the Mayo Clinic Rochester staff.

Dr. Williams received her M.D. from Case Western Reserve University School of Medicine and was elected into the Alpha Omega Alpha Honors Society and received the outstanding student award in Cardiology. She completed both residency training in Internal Medicine and a fellowship in Nephrology at Mayo Clinic. Her main areas of interest are in chronic and acute renal failure and innovative renal replacement therapies. Dr. Williams serves as an Associate Director of Dialysis for Mayo Dialysis Services.

Dr. Williams recently stepped down from being Vice Chair of the Department of Medicine and is active in many Mayo Clinic initiatives. She served on the Officers and Councilors of the Mayo Rochester Voting Staff as a counselor under 40 and was elected president of the Mayo Rochester Staff.

As Associate Chair for Faculty Development and Associate Chair for the Inpatient Practice in the Department of Medicine, she headed multiple initiatives including new mentoring models, authored and implemented a faculty part time policy, respect and recognition guidelines as well as a redesign of the Department of Medicine hospital practices. In her previous role as Vice Chair of the Mayo Clinic Rochester Hospital Practice Committee she led a redesign of the admissions process and census management for all Mayo Clinic Rochester Hospitals. She is currently leading a project to design an accountable care model for patients with advanced chronic kidney disease through ESRD; the Re-Engineering Dialysis (RED) project. In addition, she has served on numerous committees focusing on education, practice redesign, diversity and faculty development. Dr. Williams is currently the President of Women in Nephrology and serves on The American Society of Nephrology's (ASN) Board of Advisors. She is a member of the ASN ACO Task Force, ASN Public Policy Board, and ASN Metrics Task Force and chairs the ASN Quality and Safety work group.



### **Donald E. Wesson, MD, MBA, FASN**

**Dr. Donald E. Wesson** is currently President, Diabetes Health and Wellness Institute at Baylor Scott & White Health. Previously, he was Professor of Medicine and the Vice Dean of Texas A&M University College of Medicine in Temple, Texas. Prior to this position, Dr. Wesson was the S.C. Arnett Professor of Medicine and Chairman of the Department of Internal Medicine and Physiology at Texas Tech University Health Sciences Center and was Associate Professor of Medicine at Baylor College of Medicine, where he was Assistant Chief of the Nephrology Section at the Houston VA Hospital. Dr. Wesson received his undergraduate degree from the Massachusetts Institute of Technology. He attended Washington University School of Medicine and earned his medical degree from Baylor College of Medicine (Houston), completed his Internal Medicine residency and internship at Baylor College of Medicine, and his nephrology research fellowship at the University of Illinois (Chicago). He earned his Masters of Business Administration from the University of Texas (Austin). He is the recipient of multiple Teaching

Awards at Baylor College of Medicine and Texas Tech University Health Sciences Center.

Dr. Wesson was elected Secretary-Treasurer of the ASN in 2007 after serving on a number of ASN committees since 1996. He has served on the Board of Directors of the American Board of Internal Medicine (ABIM) and its Foundation since 2001 and is past Chair of the ABIM Board of Directors (2007-2008) and the ABIM Foundation (2012-2014). He has also held multiple positions within the National Kidney Foundation.

Dr. Wesson is an internationally recognized researcher in renal acidifying mechanisms and a thought-leader in academic medicine. He has translated his basic science studies to clinical studies examining the kidney-protective benefit of nutrition and the role of nutrition in population health. He has authored more than 80 peer-reviewed scientific papers regarding kidney physiology, more than a dozen books about kidney disease and hypertension, and many other papers on cigarette smoking and its effects on kidneys.



### **Alice Hellebrand, MSN, RN, CNN**

**Alice Hellebrand** is President-Elect of the American Nephrology Nurses Association (ANNA) for 2016-17. She has been an ANNA member and leader for 12 years, and is also Chief Nursing Officer/Senior Vice President for DialyzeDirect. As president-elect, she will serve on the ANNA Board of Directors and as liaison to assigned committees.

In her volunteer work for ANNA, Alice has served as a member of the Board of Directors, as Northeast Chapters Coordinator-Elect, Chapters Coordinator, and on the All Region Executive Committee. She has held many other leadership roles at the local and national levels and is a noted author and mentor.

She will step into the role of ANNA president in 2017, helping to implement ANNA's goals and visions, as well as serving the needs of the association's 9,500 members. As an active advocate for ANNA in Washington, DC, Alice has attended the association's annual Health Policy Workshop and has participated in face-to-face visits with Congressional representatives to discuss nephrology nursing issues and advocate for nephrology patients.

At DialyzeDirect, which serves nephrology geriatric patients, Alice oversees multi-state clinical operations. She is responsible for overseeing the design and implementation of patient care delivery, clinical staff education, and clinical quality improvement. She has worked in nephrology nursing for over 25 years in multiple capacities and her experience includes hemodialysis, home hemodialysis, peritoneal dialysis, transplant and self care hemodialysis.



### **Katy Wilkens, MS, RD**

**Katy Wilkens** has been a renal dietitian for over 35 years. She is currently the Nutrition and Fitness Services Manager of Northwest Kidney Centers in Seattle, Washington. Northwest Kidney Centers is a regional, not-for-profit community-based provider of kidney dialysis, public health education, and research into the causes and treatments of chronic kidney disease. Katy has the overall responsibility for therapeutic management of 1400 patients on in-center hemodialysis and 250 patients on home dialysis.

Katy is a leader in renal nutrition and founded the Washington State CRN Chapter and the Northwest Renal Dietitians Conference. She has trained and mentored RD interns, masters thesis students and PHD student dissertations. Katy serves as a preceptor for various dietetic internship programs at University of Washington, Washington State University, Bastyr University and Sea Mar Dietetic Interns. She also serves as a preceptor for distance dietetic internship programs at University of Northern Colorado, Loma Linda University, University of Delaware and University of Utah.

Katy is the author of the renal chapter in the internationally recognized *Food, Nutrition and Diet Therapy* textbook and of the original American Dietetic Association's "Suggested Guidelines for the Care of Renal Patients". In 2013 she received the Susan Knapp Excellence in Education award from the National Kidney Foundation given in recognition to a renal dietitian who has demonstrated exceptional contributions to the field of renal nutrition, specifically as it pertains to education. Additionally, in 2008 she received the Clyde Shields Distinguished Service Award from the Northwest Kidney Center for outstanding contributions to the Nephrology field.



### **Paul T. Conway**

**Paul Conway** is currently President of American Association of Kidney Patients and served as the Vice President and Chair of the Public Policy Committee for AAKP for several years prior to being elected to his current position. He also serves on the Polycystic Kidney Disease Foundation (PKDF) national board, is a member of the Kidney Health Initiative (KHI), the Chair of the Patient Access to Pain Relief (PAPR) national stakeholder coalition, and is a member of the Mid-Atlantic Renal Coalition. He is a kidney transplant recipient who has managed his kidney disease for over thirty-six years. As a patient advocate, Mr. Conway has provided perspectives on issues ranging from access to treatment modalities, provider payment models, and quality of care to the Center for Medicare and Medicaid Assistance, the Food and Drug Administration, the CMS Center for Medicaid and Medicare Innovation, the National Institutes of Health, the Congressional budget Office and the Government Accountability Office.



### **Rachel N. Meyer**

**Rachel Meyer** is the Director of Policy and Government Affairs at the American Society of Nephrology and oversees the society's federal legislative and regulatory advocacy portfolio. Meyer administers ASN's patient care and research-related advocacy efforts, working with Congress as well as federal agencies including the Centers for Medicare and Medicaid Services, the Food and Drug Administration, and the National Institutes of Health to influence policies that affect nephrology health professionals and the patients they serve.

Prior to joining ASN, she conducted healthcare research at the Advisory Board Company in Washington, DC, and worked for Senator Ken Salazar (D-CO) in his district office. Rachel has a degree in Global Health and Development from the Colorado College.

She has co-authored numerous articles, including “Fostering Innovation, Advancing Patient Safety: The Kidney Health Initiative”; “Comparing Mandated Health Care Reforms: The Affordable Care Act, Accountable Care Organizations, and the Medicare ESRD Program”; and “Considering an Integrated Nephrology Care Delivery Model: Six Principles for Quality.”

## **NewYork-Presbyterian** **Regional Hospital Network**

NewYork-Presbyterian, based in New York City, is a world-class academic healthcare delivery network dedicated to providing the highest quality and most advanced care to patients and families in the Greater New York area and across the country. In collaboration with two world-renowned medical school partners, Weill Cornell Medicine and Columbia University College of Physicians & Surgeons, NewYork-Presbyterian delivers patient-centered care to one of the most diverse populations in the world, conducts groundbreaking medical research and develops leading clinical innovations.

NewYork-Presbyterian comprises four major divisions: NewYork-Presbyterian Hospital, a world-class academic medical center ranked the #1 hospital in the New York metropolitan area by U.S. News and World Report, and consistently named to the magazine's Honor Roll of best hospitals in the nation; NewYork-Presbyterian Regional Hospital Network, comprised of leading regional hospitals in the New York metro region; NewYork-Presbyterian Physician Services, which brings medical experts to patients in convenient locations in their communities; and NewYork-Presbyterian Community and Population Health, comprised of the institution's ambulatory care network sites and operations, community programs and initiatives and healthcare quality programs including NewYork Quality Care, the Accountable Care Organization jointly established by NewYork-Presbyterian, Weill Cornell and Columbia.

NewYork-Presbyterian is committed to excellence in patient care, research, education and community health. For more information, visit [www.nyp.org](http://www.nyp.org).

## **NewYork-Presbyterian** **Queens**

NewYork-Presbyterian/Queens is a member of the NewYork-Presbyterian Regional Hospital Network. NewYork-Presbyterian/Queens is committed to being a premier healthcare institution serving our greater community by providing excellence in clinical care and patient safety, education, clinical research and service.

For more information, visit [www.nyp.org/queens](http://www.nyp.org/queens)



The Rogosin Institute provides the best possible health care and quality of life for people with kidney disease, as well as those with diabetes, lipid and cardiovascular disorders, and cancer.

The Rogosin Institute's primary mission is to:

- Provide optimal clinical care and quality of life for patients with chronic diseases
- Foster innovative basic and clinical research to find new and better treatments
- Promote humanitarian and quality health outreach programs to individuals, families, and communities, along with public policy initiatives that advance health and prevent disease

The Rogosin Institute is committed to produce a unique applicable model for optimal, cost-effective health care and health promotion.

For additional information, visit: [www.rogosin.org](http://www.rogosin.org)